

# Mount Kilimanjaro Guide 2026

By Sub Saharan Expeditions

## Overview

Mount Kilimanjaro is Africa's highest peak, rising to 5,895 meters (19,341 ft). This legendary mountain is the tallest free-standing mountain in the world and one of the most achievable high-altitude adventures, requiring no technical climbing skills. Trekkers journey through multiple ecological zones before reaching Uhuru Peak — the Roof of Africa.

## Why Climb Kilimanjaro?

- No technical climbing required
- Walk through five unique climate zones
- Bucket-list lifetime achievement
- Incredible sunrise at Uhuru Peak
- Personal growth and adventure

## Popular Climbing Routes

Route	Duration	Best For
Machame Route	6–7 Days	Scenic and popular
Lemosho Route	7–8 Days	Best success rate
Marangu Route	5–6 Days	Hut accommodation
Rongai Route	6–7 Days	Quieter approach
Northern Circuit	8–9 Days	Longest, gradual climb

## Ecological Zones

- Rainforest – Lush jungle and wildlife
- Moorland – Giant groundsels and shrubs
- Alpine Desert – Dramatic volcanic terrain
- Arctic Zone – Glaciers and summit snow

## Packing Essentials

- Waterproof hiking boots
- Thermal base layers
- Down jacket
- Warm gloves and hat
- Headlamp
- Sunscreen and sunglasses

## Your Journey Starts Here

Climbing Kilimanjaro is more than a trek — it's a life milestone. With experienced local guides, structured acclimatization, and a passion for authentic African adventures, Sub Saharan Expeditions delivers a safe, memorable journey to the summit.